

**2010 RCABC PADDLE CONFERENCE and
INSTRUCTORS and ANNUAL GENERAL MEETING
APRIL 16th/17th/18th**

KAWKAWA CAMP & RETREAT, HOPE

Mark this on your calendars - our **FIRST ANNUAL PADDLING CONFERENCE** which is also combining our **Annual General** and **Instructors Meetings**. The theme of the weekend is **Lake Water Paddling** and the program is designed for **All Paddlers**, whether just learning, been paddling for years, or are an instructor. You do not need to be an RCABC member to attend. We welcome everyone who likes paddling and thinks they would enjoy a wonderful weekend of fun, informative, skills building, and entertaining workshops and events! See the attached program for details. There is a range of activities for everyone with most of them being suitable for all paddlers. Make contacts, learn some new skills, and enjoy the setting and scenery and entertainment.

The format of this year's meeting is new and so is the organization.

The weekend package (see below) is available for everyone (members and non-members). The **AGM** meeting portion of the weekend on Saturday evening is open to everyone as well, but only members have a vote. The **Instructor Meeting** is also open to all, but just instructor members have a vote. The entire rest of the weekend is planned so we can all enjoy many activities and all of our meals together, but **you need to register** to attend. This requirement is due to the fact that the meeting includes accommodation and food, and the Camp needs to know how many people will be attending for catering purposes. The **deadline for registrations is Thursday April 8th**.

The **Registration Fee** includes accommodation and food in one low price per person

- two nights camping or cabin/chalet;
- two breakfasts, two lunches, a dinner, and evening snacks on Friday and Saturday
- Canoe and kayaks (although you are welcome to bring your own)

Registrations made by March 15th cost \$95;

Registrations made after March 15th cost \$130.

Children under 5 years of age are free.

If you have special dietary needs – vegetarian or allergies, contact Kären-Ann Thor, RCABC President and let her know (she will inform the camp).

You can register now online at the RCABC website – www.bccanoe.com – using Paypal. If you do not use Paypal, you can register with the Treasurer, Dwight Milford.

Travel Subsidy: to help **Lake Water Instructor Members** from outside the Lower Mainland - Vancouver Island, Kootenay, North West, North East and Okanagan Zones - there is a \$50 travel subsidy for the first ten such members to register for the meeting. Eligible members should apply to Kären-Ann Thor, for this.

Directions:

The address of Kawkawa Camp is 66706 Kawkawa Lake Road, Hope, B.C. V0X 1L1.

a) For those traveling from the West: from Hwy # 1, take exit #170, left at first light, right at second light, left at 7th Ave, right on Kawkawa Lake Rd, follow for 4 Km to the camp.

b) For those traveling from the East: from Hwy # 3 or # 5, take exit #173, take a right on 7th Ave, right on Kawkawa Lake Rd, travel for 4 Km to the camp.

c) For those traveling from the North: from Hwy # 1, follow Hwy into town, turn left on Wallace St., right on 6th Ave, left on Kawkawa Lake Rd, follow for 4 km to camp.

Accommodation:

Kawkawa Camp and Resort has a number of options for accommodation. There are chalets and cabins and space for camping and RVs (some have electrical hook-ups and one or two have water - there is no sewer hook-up or sani-dump on site). Accommodation is on a first come, first served basis, but note there is more than enough space for everyone (and any of the above options are included in the weekend package fee). The cabins etc. provide more shelter from the weather, but the sleeping is not as private as your own tent or RV. To see the site, look up Kawkawa Camp and Retreat on the web at <http://www.kawkawa.com/>.

Supplies:

Bring your own sleeping bag/sheet/blankets/pillow, towels and personals. As no outdoor footwear is permitted in the dining hall, bring slippers/indoor footwear (or socks).

Check-in is 5pm or later on Friday 16th; **Check-out** is by 2pm on Sunday 18th.

INSTRUCTORS MEETING AGENDA – WORKSHOPS

| TIME | FRIDAY - April 16 | SATURDAY - April 17 | SUNDAY - April 18 |
|-----------------------------|---|--|---|
| 800 AM | ----- | BREAKFAST | BREAKFAST |
| 900 AM - 1030 AM | ----- | <p align="center">Instructor AGM (Door Prizes) led by Roger McColm</p> <p align="center">-----</p> <p align="center">Big Boat Lessons led by Alan Thomson</p> | <p align="center">Presentation “Lessons From The Canoe” by historian Sanford Osler</p> <p align="center">-----</p> <p align="center">Guided Lake Paddle led by...</p> |
| 1030 AM - NOON | ----- | <p>Workshop led by Master Instructor Madeline Waring</p> <p align="center">-----</p> <p align="center">Big Boat Nature Paddle led by Vanessa Elton</p> | <p align="center">Games and Prizes led by Peter Hiebert & Lance Castonguay</p> |
| 1230 PM | ----- | LUNCH | LUNCH |
| 130 PM - 330 PM | <p align="center">Intro to Canoeing Lessons / Tune Up Clinic led by Allyson Phillips & Corriette Hofstee until 530pm...</p> | <p align="center">Advanced Lake Water Strokes Refresher Clinic led by Lyle D. & J. Boyde</p> <p align="center">-----</p> <p align="center">Workshop led by Master Instructors...</p> | <p align="center">*CHECK OUT* <i>by 2 PM</i></p> <p align="center">RCABC Executive Meeting 2-330pm</p> |
| 330 PM - 530 PM | <p align="center">Intro to Canoeing Lessons / Tune Up Clinic ...continued</p> | <p align="center">Special Tips and Tricks for Teaching Kids/Teens led by Sarah Osberg & Steve Evans</p> <p align="center">-----</p> <p align="center">New Curl Rescue Method led by David Wooldridge</p> | ----- |
| 600 PM | *CHECK IN* (5 PM on) | DINNER | ----- |
| 700 PM - 830PM | <p align="center">Lake Water Safety Scenarios & Teaching Problem Solving led by KA & L Thor</p> <p align="center">-----</p> <p align="center">Website Admin. Instruction Workshop for Master Instructors led by Roger Warnatsch</p> | <p align="center">Annual General Meeting (Door Prizes)</p> | ----- |
| 830 PM | SNACK | SNACK | ----- |

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| 830 PM | Slide Show “Canoeing in Nunavut” by veteran northern canoe tripper Hugh Westhauser | Square Dance with caller and music - just bring your dancing feet | ----- |
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