

**COLUMBIA
CANOE &
KAYAK
CLUB**
Newsletter:
April 2014



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FIRST CCKC NEWSLETTER OF THE 2014 SEASON. GET THOSE PADDLES DUSTED OFF AND READY FOR USE.

IF YOU HAVE SUGGESTIONS FOR TRIPS NOT ON THE PRELIMINARY TRIP SCHEDULE FOUND ON PAGES 5 & 6, PLEASE LET DAVE KNOX KNOW.

Canada Rivers Day: Sunday, June 8, 2014

BC and World Rivers Day: Sunday, September 28, 2014

RECREATIONAL CANOE ASSOCIATION of BRITISH COLUMBIA and COLUMBIA CANOE & KAYAK CLUB
GUIDELINES FOR CANOE TRIPS

To meet the requirements for safety and liability insurance:

1. Canoe clubs will appoint a suitably experienced paddler as Trip Leader for each club trip. A person feeling unqualified or unwilling to carry out the responsibilities of a trip leader should not accept the appointment.
2. Club trips will be of at least 3 boats but the total number may be limited at the leader's discretion.

TRIP LEADER RESPONSIBILITIES:

1. The trip leader will make every effort to carry out a scheduled trip, including finding an alternate leader if unable to participate.
2. The trip leader (recognizing that non-members may also inquire) will provide accurate information to potential trip participants before meeting at the put-in and suggest alternatives to those who may not meet the requirements for the trip.
3. At the put-in the trip leader will:
 - review objectives of the trip and arrange the shuttle, if needed.
 - explain possible hazards of the trip (e.g. weather, wind, waves, water temp., sweepers, waterfalls, etc.).
 - review accident prevention, signals, emergency and rescue procedures.
 - discuss etiquette and ethics.
 - ascertain that appropriate emergency equipment is present and determine who is carrying, for example, first aid kits, throw ropes, flare kits, wrap kits, etc.
 - assign lead and sweep canoes and paddling partners to create a strong party.

-check the security of equipment in each canoe before embarking.

4. Ensure that all non-members sign the waiver. If persons join CCKC at this time send the completed form to the Membership Secretary.
5. Appoint a participant to write up a short trip report for the CCKC newsletter (often whoever swims!).
6. After the trip call or send in a Trip Report to the Newsletter Editor.

TRIP PARTICIPANT RESPONSIBILITIES:

1. Those intending to join a scheduled trip must contact the trip leader at least 2 days beforehand. (Trips are sometimes modified or cancelled because of water conditions, insufficient numbers, etc.).
2. Be honest about your equipment, your experience and your guest.
3. Equip your craft with:
 - PFDs, a bailer or pump, a spare paddle, sound signaling device, buoyant heaving line.
 - secured bow and stern lines (painters) of 3-4 meters, (polypropylene rope is NOT recommended).
 - extra flotation if required (it may not prevent a capsize but it could save your boat).
 - a waterproof container with emergency clothing, food, personal first aid.
4. **Wearing an approved personal floatation device is MANDATORY.** Attaching a whistle and a spare set of car keys is a good idea. Wear a wet or dry suit when appropriate for the trip.
5. Tie in all gear and equipment so that when the canoe is upside down nothing hangs below the gunwales to impede a canoe-over-canoe rescue. Otherwise leave it free—some you lose and some you don't.
6. If you bring guests inform them of these expectations.

International River Grading System

Know the following grades and your capabilities to help you choose a trip.

Grade one

Easy. Suitable for novices. Waves are small and regular; passages clear, occasional banks and artificial difficulties like bridge piers.

Grade two

Suitable for intermediate paddlers. Rapids of medium difficulty; passages clear and wide. Occasional boulders in stream. Open canoes may ship water. Flotation recommended.

Grade three

For experienced paddlers with flotation. Waves are numerous, high irregular. Rocks and narrow passages. Precise manoeuvring is necessary. Scouting from shore is recommended. Rescue may be difficult.

Grade four

Long, difficult rapids, powerful, irregular waves, dangerous rocks and powerful eddies. Scouting from shore may be difficult. Rely on self-rescue. Not included in club trip schedules.

Grade five and six

Only paddled by skilled kayakers having a perfect day.

COLUMBIA CANOE & KAYAK CLUB - MEMBERSHIP APPLICATION

Membership is for the Calendar Year: January 1 to December 31

Annual Dues: Please check the appropriate box: Single membership \$12 Family maximum \$24.
(This includes liability insurance through the Recreational Canoeing Association of BC)

Send this form, the **signed and dated WAIVER** (next) and the correct dues to:
CCKC Membership c/o Sue Port
2713 – 10th Avenue
Castlegar, BC V1N 3A5

Name under which membership is to be listed: _____
Other names on this membership: _____
Address: _____
City: _____ Prov.: _____ Postal Code: _____
Phone: _____ E-mail: _____

Privacy Information Act

The CCKC occasionally publishes the names and addresses of its members in the newsletter which is not distributed outside the Club. The B.C. Privacy Act requires that we ask your permission to do this. Do you agree to have the following information printed in the CCKC Newsletter?

Name(s): Yes No **Address:** Yes No **Phone:** Yes No **E-mail:** Yes No

Newsletter

These will be sent electronically unless you indicate otherwise.

Check here to have your Newsletter sent by surface mail,

If you have any difficulties with the Newsletter contact Lyn Gardner at (250) 428-2854.

mgardner589@gmail.com

Email List

There is also an EMAIL LIST for members to communicate with each other about trips, events, conditions etc. The system is for CCKC members only and no one but the person responsible for membership has your e-mail address(es). To send a message to all Club members who are on the list, use the following address:

listserv@ccc.kics.bc.ca. You might want to make a note of this address.

Trip schedule

To help plan Club trips please provide the following information:

I/we have kayak(s) canoe(s) need canoe/partner

I/we prefer lake paddling easy river paddling white-water paddling extended trips

WAIVER

This WAIVER must be signed by all persons listed on this application. A parent must sign for all juniors under the age of 19.

Acknowledgement of Inherent Risks, Agreement to Indemnify, Release & Waiver of Liability:
 BE AWARE! Canoeing is a potentially dangerous activity with hazards including rocks, rapids, sudden changes in weather, electrical storms, hypothermia, failure of equipment, the possibility of becoming lost. Sometimes accidents do happen. By signing this form you acknowledge that you accept all hazards associated with participating in club canoe trips and that you are giving up the right to sue the Columbia Canoe and Kayak Club or any of its members. You are participating as a common adventurer, being personally responsible for your own safety and not looking to any other to protect you from harm. The organizer for a club trip is not a professional canoeist, guide or trained first aid attendant. It is expected that when participating in a club activity you have the necessary skills, experience, fitness, and equipment for that activity.

In consideration of my being permitted to participate in the activities arranged by the Columbia Canoe & Kayak Club (CCKC), I, for myself, my heirs, executors, and anyone else who may claim on my behalf, hereby waive any and all claims, liability, and damages I may now and in the future have against the CCKC, its members, activity organizers, and all persons acting under its authority, collectively described here as the CCKC, arising from any and all personal injury, death, property damages or loss sustained by me arising from or in connection with my participation in the activities of the CCKC however caused. I further hereby release and forever discharge the CCKC from and against all demands, claims, actions, damages, costs, and expenses arising from or with respect to death, injury, damages, costs, and expenses arising from or with respect to death, injury, damages or loss to my person or property of any kind whatsoever, no matter how caused, in connection with my participation in CCKC activities though the same may have been contributed to or been caused by the negligence or gross negligence of the CCKC. I further agree to hold harmless and indemnify the CCKC from any and all liability for any damage or injury to the property or persons of any third party resulting from my involvement in or presence during any of the activities of the CCKC. I acknowledge that the CCKC, in obtaining this waiver from me is doing so for the CCKC, including its members, activity organizers, and all persons acting under the authority of the CCKC.

Print Name: _____	Signature: _____	Date: _____
Print Name: _____	Signature: _____	Date: _____
Print Name: _____	Signature: _____	Date: _____
Print Name: _____	Signature: _____	Date: _____

[Columbia Canoe and Kayak Club Trip Schedule 2014](#)

Please remember to contact the trip leader a couple of days beforehand for information and meeting place. If you have a last minute change of plans, please [PHONE](#) the trip leader as e-mails are not always read promptly. If you have suggestions for additional trips or if you can lead one of the trips with [no leader](#) thus far, please call Dave Knox 354-3954.

May 3 (Sat.) Macdonald's Landing to Troup Junction on Kootenay Lake. flatwater, picnic on a beautiful white sand spit. Dave and Kristyn McIntosh 352-5496.

May 4 (Sun.) Salmo River. Porto Rico Rd. to Salmo; class 2 whitewater, world class scenery in our own backyard. Kevin Forsyth 229-4938.

May 11 (Sun.) West Arm Kootenay Lake. kayak and canoe, lake and moving water, [instruction clinic](#) Lakeside park to Taghum beach, to upgrade your skills to handle this easy section. Laurie Knox 354-3954.

May 17 (Sat.) Middle Salmo. Salmo town to Tailings Pond, moving class 1 water, cottonwood trees, Harlequin ducks, [looking for trip leader](#).

May 24 (Sat.) Lower Arrow Lake. Syringa boat launch to Labarthe Tunnel loop; flat water. Pat West 304-2656.

May 31- June 1 (Sat.-Sun.) Similkameen River. class 1-2 small whitewater, majestic Ponderosa pines line the river, car camp on the river and do 2 day trips. Bert Port 365-6056.

June 7 (Sat.) Goat River. Creston area fast spring run-off river; grade 2+ (and 2 grade 3 portagable drops) Kevin Forsyth 229-4938.

June 8(Sun.) [Canada Rivers Day](#) Creston Marshes & Kootenay River. flat and moving water, class 1, lots of birds. Mel and Lyn Gardner 428-2854.

June 21 (Sat.) Pend d'Oreille River. A great place to paddle—we go up the Salmo to the rapids, then back to the Pend d'Oreille River for lunch then upstream. Awesome scenery, wilderness setting. George Wilson/ Brian Henderson 357-2451.

June 28-29 (Sat.-Sun) Granby River (Grand Forks). Paddle whitewater on Sat; easy paddling Sunday. Howe Creek to before the canyon: grade 2 with some grade 3 drops. Lower Granby easy grade one with two short portagable grade 2 drops. Takeout is a 1.5 hour drive from Nelson. Kevin Forsyth 229-4938.

July 5 or 6 (Sat. or Sun.) Kootenay Lake. Kootenay Bay to Pilot Bay, Sawmill Cove; flat water, [we need a trip leader for this one: call Dave Knox to volunteer 354-3954](#).

July 12 (Sat.) Moyie River. Very scenic grade one with short sections 1+(portagable); from Moyie Lake to the campsite on Hwy. 3/95 at Yahk ; possibility of camping overnight at Yahk Prov. Park the night before the trip. Drive time from Nelson is 2.5 hours. Kevin Forsyth 229-4938.

July 19 (Sat.) Mirror Lake (possible Kaslo) to Fletcher Falls and back. Pat West 304-2656.

July 26 (Sat.) Upper Little Slokan Lake. Upper Little Slokan Lake to Tedesco bridge on the Little Slokan River; outstanding scenery, wilderness you can drive to, camping opportunities, flatwater with some class 1 warm moving water.
Kevin Forsyth 229-4938.

August 8-17 East Kootenay Rivers week. Group camp and paddle on Kootenay, White and Bull Rivers. Grade 2+ to 3+. Come for all or part and enjoy the beauty of the Rocky Mountains.
Dave Knox 250-354-3954.

Sept. 7 (Sun.) Kootenay Lake. west shore of south end of Kootenay Lake, put in at Balfour, paddle across the west arm entrance and explore the beautiful beaches of the west side of the main lake. [looking for a trip leader.](#)

TBA (Sat-Sun) Garland Bay, Kootenay Lake. paddle the east shore of the north arm of Kootenay Lake; flat water, explore pictographs and Powder Creek, car camping at Garland Bay NORTH Rec. site (11kms north of Riondel). Come for the weekend or day excursions.
Mel & Lyn Gardner 428-285

Sept. 27 (Sat.) Slokan Lake Boat Launch to Lemon Creek. Tour the Walter Clough Wildlife Sanctuary.
Pat West 304-2656.

Oct. 4 (Sat.) Lardeau River. class 2+, spawning kokanee, eagles, and grizzly bears; to experience this river is why you learn to paddle. Dave Knox 354-3954.

TBA CCKC Fall Wind-up.

CCKC Executive 2014

President: Dave Knox (250) 354-3954 davidknox@usa.net

Treasurer: Kevin Forsyth (250) 229-4938 forkevin@telus.net

Trip Coordinator: David Knox (250) 354-3954 davidknox@usa.net

Membership: Sue Port (250) 365-6056 sbport@telus.net

Publicity: Dennis Holden (250) 365-2715 blueberry_klh@hotmail.com

Newsletter: Lyn Gardner (250) 428-2854 mgardner589@gmail.com

RCABC Zone Rep* (alt): Allyson Phillips (250) 427-0210 gorylla@yahoo.com

*Kootenay Zone rep. position available

Remember to send your 2014 CCKC Membership form, fee and waiver to Sue Port (see pages 3 & 4).