

CANOE TRIPPING PADDLER LEVELS

	Canoe Tripping Paddler	Canoe Tripping Leader
Prerequisites	Basic Tandem Paddler Basic Solo Paddler	Standard First Aid (min. 16 hours) Advanced Tandem Paddler Tandem Moving Water if leading on moving water. Basic Ocean Canoeing if on Ocean. Trip Log: experience must include at least three 2-day trips.
Theory	Safety issues. (Include hypothermia and first aid training needs.) Environmental ethics and practices Leadership responsibilities: pre trip and daily group planning. Basic map reading. Trip kit- personal & group equipment. Basic menu and food planning.	Safety considerations. Environmental ethic & supporting practices. Leadership responsibilities: pre-trip and daily group planning. Basic map reading. Trip kit- personal & group equipment. Basic menu and food planning. Survival skills (pre-trip plan, shelters, signalling)
Practical On Land Skills	Loading canoes. Portaging gear and canoes Tents, shelters: site selection, types Fire building, site selection, & management Portable stoves Trip packing Repair kits.	Loading canoes Portaging gear and canoes Tents, shelters: site selection, types Fire: site selection, building, management Portable stoves Trip packing Repair kits.
Practical On Water Skills	Weather interpretation. Rescuing loaded canoes	Weather interpretation. Rescuing loaded canoes
Note	To be taught over 2 days with one overnight minimum. To be taught on Lakewater only.	To be taught over 3 days with 2 overnights minimum.
Recommended Reading	<u>Song of the Paddle</u> , by Bill Mason	<u>Song of the Paddle</u> by Bill Mason <u>Be Expert with Map and Compass</u> , by Bjorn Kjellstrom <u>Leave No Trace</u> ,
Course Conductor	Canoe Tripping Instructor	Tripping Instructor, plus: Ocean Instructor if on ocean Moving Water Instructor if on a river.

CANOE TRIPPING INSTRUCTOR

Available only in RCABC Instructor's Manual.